## Abstract

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In the case of a method for adjusting the temperature Ts of a motor vehicle seat, comprising a seat ventilating system (12) and a seat heater (8), to a predetermined desired value Tdes, in which the temperature Ts of the seat is detected in the region of a seat surface by a first temperature sensor (2) and the outside temperature Ta is detected by a second temperature sensor (4), the seat ventilating system (12) is switched off below a first temperature threshold Ta1 for the outside temperature Ta, and the seat heater (8) is switched off above a second temperature threshold Ta2 for the outside temperature Ta. By these measures, an occupant is provided with a comfortable micro-climate in the seat region for his/her wellbeing.

Figure